

WHY PRAY? PART 2

Matthew 26:36-46

MAIN TAKEAWAY

We have all prayed prayers and didn't get answers to some of them, but that was not God's fault. Jesus' disciples were impressed by His prayer life, and they asked Him to **teach** them how to pray. There is a right and a wrong way to pray, and it is important to learn how to pray correctly. Prayer is built on a personal relationship with God as **your Father**, when you know His nature and trust His heart, prayer moves you from "*I have to*" to "*I want to*," and it changes you before it changes your circumstances.

KEY SCRIPTURES

- **Matthew 6:7-13 (NKJV)**
 - Jesus said **when** you pray, not *if*.
 - Avoid vain repetition; when you pray, focus on a relationship with God, not on a religious routine.
- **Luke 10:17-22 (TPT)**
 - The foundation of prayer is our relationship with our Heavenly Father.
 - Get your focus off your circumstances and get it on Jesus.
- **John 5:39 (NKJV)**
 - I know the Father through His nature, His names, and through Jesus.
 - I know Jesus through the Word.
- **Matthew 26:36-46 (AMP)**
 - Jesus started his prayer with "My father". When we know God as our Heavenly Father, we trust in Him, we have faith and through our prayer He changes us and then He changes our circumstances.
 - Jesus' prayer life moved Him from "*I have to*" to "*I want to*" do the Father's will.

TAKEAWAYS:

1. Get to know God as your Father.
2. Focus on Jesus through meditating, reading, Bible reading plan.
3. Let pressure and stress push you to prayer.

REFLECT & REVISIT

Go back and read Matthew 26:36-46. Watch how Jesus, under extreme pressure, prayed honestly, surrendered to the Father's will, and was transformed in resolve. Remember, prayers changes you first, then it changes your circumstance.