

#### June 11 - 12, 2016

#### "God wants each of us to live a full, free and light life!

#### **How To Get Set Free – 2 Daily Priorities:**

- 1. Meet with God
  - a. Find rest
    - You will never have God's best in a life of unrest because God speaks in a still, small voice.
  - b. Find recreation
  - c. Find refreshment
  - d. Find a blessed quietness
    - In quietness comes confidence

# 2. Have a daily Bible reading plan

- a. To be free, you must be intentional!
- b. Commit to a daily challenge: Read Ephesians for the month of June.

## **How To Live Free:**

- 1. Personal relationship with Jesus Christ
- 2. Knowing your position in Jesus Christ
- 3. Know your possessions in Jesus Christ
- 4. Know your purpose in Jesus Christ
- 5. Know your power in Jesus Christ

#### Matthew 11:28-30 (AMP)

<sup>28</sup> "Come to Me, all who are weary and heavily burdened [by religious rituals that provide no peace], and I will give you rest [refreshing your souls with salvation]. <sup>29</sup> <u>Take My yoke upon you and learn from Me</u> [following Me as My disciple], for I am gentle and humble in heart, and <u>YOU WILL FIND REST</u> (renewal, blessed guiet) FOR YOUR SOULS. <sup>30</sup> For My yoke is easy [to bear] and My burden is light."

- Run to God and expect a refreshing and relieve!
- Learn about God! Come to God, take and learn!
- Accept God's call and will for your life.
- · Live each day by priorities.
- Focus on the daily process
- What you lost in Christ, you will find in Christ.

#### Matthew 11:28-30 (MSG)

<sup>28-30</sup> "Are you tired? Worn out? Burned out on religion? Come to me. <u>Get away with me and you'll recover your life</u>. I'll show you how to take a real rest. <u>Walk with me and work with me—watch how I do it</u>. <u>Learn the unforced rhythms of grace</u>. I won't lay anything heavy or ill-fitting on you. <u>Keep company with me</u> and you'll learn to <u>live freely and lightly</u>."

- God will restore!
- · God gives real rest!
- Who you walk with, you become like.
- Learn rhythms of grace.
- Learn to live a free, full and light life!

#### John 8:30-32 (KJV)

<sup>30</sup> As he spoke these words, many believed on him. <sup>31</sup> Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed; <sup>32</sup> And ye shall know the truth, and the truth shall make you free.

The key to have a great experience with God is "yieldedness."

- Yield means to surrender to God.
- My yieldedness is connected to my experience and closeness to God.
- The minute I stop yielding to God, progress stops.
- The more you yield to God and walk with God, the more bondages break off of your life.

# **Discussion Questions:**

- 1. What daily priorities can you activate in your life to help you get free?
- 2. How can you live a free life?
- 3. Daily Challenge: Read Ephesians for the month of June.

### **Resources**:

If you would like to look at "FREEDOM" sermon series in more depth, Church On The Rock bookstore has excellent resources available.



