

December 10, 2017

John 14:1, 23 & 27 (AMPC)

¹Do not let your hearts be troubled (distressed, agitated). You believe in *and* adhere to *and* trust in *and* rely on God; believe in *and* adhere to *and* trust in *and* rely also on Me.

²³ Jesus answered, If a person [really] loves Me, he will keep My word [obey My teaching]; and My Father will love him, and we will come to him and make Our home (abode, special dwelling place) with him.

²⁷ Peace I leave with you; My [own] peace I now give *and* bequeath to you. Not as the world gives do I give to you. Do not let your hearts be troubled, neither let them be afraid. [Stop allowing yourselves to be agitated and disturbed; and do not permit yourselves to be fearful and intimidated and cowardly and unsettled.]

- We have a choice to either worship God or worry. The answer is to believe in God.
- We do not have to let worry dominate our life. The answer is to build our relationship with God.
- We are created to know God.
- Have a supernatural peace that is unshakeable.
- Know God more Trust Him more Worry less!

How To Overcome Worry:

Commit – Surrender your emotions to God.

Ask – Ask God for help. Be specific!

Leave it with God – Let God be in control.

Meditate on God's Word – Ponder the promises of God, not the problem and faith will come.

Philippians 4:6 (TLB)

⁶ Don't worry about anything; instead, pray about everything; tell God your needs, and don't forget to thank him for his answers.

- When you worry, your faith does not work.
- Know that you are growing, when you get closer to God.

• You are growing when you see Fruits of the Spirit operating in your life.

2 Thessalonians 3:16 (AMPC)

¹⁶ Now may the Lord of peace Himself grant you His peace (the peace of His kingdom) at all times and in all ways [under all circumstances and conditions, whatever comes]. The Lord [be] with you all.

- Whatever comes, you have the peace of God on the inside of you.
- God will help you in whatever season you are in.

Discussion Questions:

- 1. How do you overcome worry?
- 2. Declare daily "I am unshakeable!"