

The Armor of God PART 5

Ephesians 6:17

MAIN TAKEAWAY

God has perfectly equipped us for any battle, transition or challenge we may face. We can go through hard times as victors, not staying stuck in the same place or being victims. To do this, we must put on every piece of the armor of God. It's important to know how to properly apply God's Word in our lives. The # 1 target for the devil is our minds but the **helmet of salvation** protects our minds by helping us think according to God's Word, understand the benefits of our salvation, and stand against the lies of the enemy.

KEY SCRIPTURES & TAKEAWAYS

Ephesians 6:10-18 KJV Finally, my brethren, be strong in the Lord, and in the power of his might.¹¹ Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.¹² For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.¹³ Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.¹⁴ Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;¹⁵ And your feet shod with the preparation of the gospel of peace;¹⁶ Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.¹⁷ And take the helmet of salvation, and the sword of the Spirit, which is the word of God:¹⁸ Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

- a. The Lord is the source of our strength. There are habits we can't break on our own, but with the help Holy Spirit we can break free.
- b. We are to take responsibility and put on the armor of God **every day**. We are to be filled with the Holy Spirit **daily**. With the armor, we will be able to stand against the plan and strategies of the devil.
- c. The **helmet of salvation** protects our minds. If we don't control our thoughts, our thoughts will control us.

The helmet of salvation is:

1. To protect our mind.
2. For us to think in line with God's Word.
3. For us to think like a Christian/believer- think God thoughts.
4. For us to know and how to apply the benefits of salvation- knowing who you are and what you can do.

Salvation (sozo in Greek) is deliverance, healing, wholeness in every area of your life. It is soundness of mind, provision, protection and quality of life.

To walk in the abundant life that God has for us, I have to know:

1. Who I am.
2. What I have.
3. What I can do.
4. How to activate and claim the benefits of salvation.

2 Timothy 1:7 KJV For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

a. We have a sound mind:

- Not a divided mind.
- Not a deceived mind.
- Not a doubtful mind.
- Not a discouraged mind.
- Not a defeated mind.

1 Thessalonians 5:8 KJV But let us, who are of the day, be sober, putting on the breastplate of faith and love; and for an helmet, the hope of salvation.

- a.** Hope is essential for moving forward in God's plan.
- b.** Hope for the future gives us strength and confidence in the present.
- c.** God's Word fills us with hope and keeps us focused on His promises.

How to put on the helmet of salvation:

1. Repent: change my mind and go in a new direction.
2. Renew my mind daily: Romans 12:2
3. Replace every thought that doesn't agree with God's Word.
4. Respond to every circumstance with *what does the Word say?*

REFLECT & REVISIT

This week go back and read **Ephesians 6:17** and reflect on the benefits of your salvation, your deliverance, healing, wholeness, soundness of mind, provision, and protection. Put on the helmet of salvation daily. Start by **repenting**, allowing God to change your mind and help you go in a new direction. Then **renew your mind daily** by spending time in God's Word. As negative, fearful, or discouraging thoughts arise, **replace every thought that doesn't agree with God's Word** with His truth. Finally, when you face challenges or difficult circumstances, ask yourself, "**What does God's Word say?**" and choose to respond with faith instead of fear.