

SMALL GROUP MEMBER GUIDE

• church rock

SESSION 6

GETTING STARTED

What was something that you changed in the past six weeks that has built your hope?

FOCUS VERSE

⁵ Thus says the Lord: Cursed [with great evil] is the strong man who trusts in and relies on frail man, making weak [human] flesh his arm, and whose mind and heart turn aside from the Lord. ⁶ For he shall be like a shrub or a person naked and destitute in the desert; and he shall not see any good come, but shall dwell in the parched places in the wilderness, in an uninhabited salt land. ⁷ [Most] blessed is the man who believes in, trusts in, and relies on the Lord, and whose hope and confidence the Lord is. ⁸ For he shall be like a tree planted by the waters that spreads out its roots by the river; and it shall not see and fear when heat comes; but its leaf shall be green. It shall not be anxious and full of care in the year of drought, nor shall it cease yielding fruit.

JEREMIAH 17:5-8 | AMP

Hope is an anchor for your emotions.

⁸ But we belong to the day; therefore, let us be sober and put on the breastplate (corslet) of faith and love and for a helmet the hope of salvation.

1 THESSALONIANS 5:8 | AMP

What we are thinking, we are feeling.

If we are thinking wrong thoughts, we are feeling wrong.

Faith needs Hope; Hope needs Faith.

¹ Now faith is the substance of things hoped for, the evidence of things not seen. HEBREWS 11:1 | KJV

DISCOVERY QUESTIONS

	How can we stabilize our thought life?
)	How do hope and faith work together?

DIVING DEEPER

- When reading through the One Year Bible, continue to mark every time you see the word HOPE!
- 2 Invite a friend to Easter at Church on the Rock!