



## In His Presence PART 1

Matthew 11:28-30 KJV

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### MAIN TAKEAWAY

This month we are focusing on falling in love with the Lord and having an intimate relationship with God. Being in God's Presence decreases stress, anxiety, and fear. If you're struggling with your faith, health, family, marriage or any area, you need to get in His Presence.

**Big idea:** When we get in His Presence, His Presence gets in us. It manifests in our thoughts, decisions, marriage and families.

#### Bible definition of presence:

- a. **Before the face**- it means being face to face with God, we want to wait until we are face to face with Him. We know we are face to face with God until revelation comes, something changes in your life.
- b. **The place of blessing**- God's Presence is where the blessings flow spiritually, mentally, financially and relationally.

### KEY SCRIPTURES & TAKEAWAYS

1. **Matthew 11:28-30 KJV** Come unto me, all ye that labour and are heavy laden, and I will give you rest.<sup>29</sup> Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.<sup>30</sup> For my yoke is easy, and my burden is light.
  - a. A result of intimacy with God is **rest**. If we don't have God's rest, we won't have God's best.
  - b. We **come** to Him with our struggles, pain, questions, concerns because we know He's the only one that can help us and He will give us rest.
  - c. We **take** the yoke, become His disciples. We go from being born again to start living in His Presence on a daily basis, become His follower and surrender.
  - d. We **learn** from Him when we are quiet, listening, humble, teachable. If we want to go deeper, and know God not just know about God, we have to know **His ways**, not just His works.
2. **Matthew 11:28-30 MSG** "Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced

rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."

- a. The answer is to **come to Him**. Revelation comes in His Presence, what we're struggling with goes away in His Presence.

#### **REFLECT & REVISIT**

Go back and read **Matthew 11:28–30**. Reflect on how when we come into His Presence, rest and tranquility comes, revelation comes, we learn and live free. This week, set aside intentional time to linger in His presence, **come** honestly with your struggles, choose to **take** His yoke and **learn** from Him. Don't be in a hurry, take the time to get into the Presence of God and His Presence will come in you. Allow His rest to replace stress, anxiety, and struggles.