

Session 5

GETTING STARTED

What is something from last week's session that you have implemented in your life this week?

FOCUS VERSE

³⁸ And I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love.

ROMANS 8:38 | NLT

Consequences of fear and worry:

“**USUALLY, YOU'RE RIGHT IN THE WILL OF GOD WHEN EVERYTHING'S GOING WRONG.**

- 1 There is an enemy out there that wants to _____ us.
- 2 Worry and _____ will rob us of our destiny, opportunities, creativity, and not being innovative.
- 3 Instead of excuses we're going to see what God wants done.

“CONFESSIO

"I have overwhelming _____."

Your _____ determine how strong you will be.

- 1 God is _____ me.
- 2 God _____ me.
- 3 God has a _____ for my life.
- 4 With God I am more than a _____.

“**YOU STAY FOCUSED WHEN YOU HAVE CLEAR CORE BELIEFS.**

RECAP

- 1 See yourself as a victor, not a victim.
- 2 God doesn't want you to live in fear. He wants to help you overcome fear!
- 3 Having core beliefs make you stronger.
- 4 You make your decisions based out of your core beliefs.

DISCOVERY QUESTIONS

1 What are some of your core beliefs for you and your family?

2 How do your core beliefs affect your decisions and choices?

3 What are some strategies that help you overcome fear?

DIVING DEEPER

1 Continue to read your One Year Bible every day.

2 Listen to Pastor Blunt's God is for You Experience YouTube episode "How to Stop Worrying and Start Living".

3 Read scriptures on overcoming fear and worry.