



October 18, 2017

# Learn to Trust God by:

- 1. Focusing on God's faithfulness.
  - If you are worrying, you are not trusting God.
  - When you are in stress, you are not trusting God.
- 2. Feeding on God's faithfulness.
  - Build on the characteristics of God, not on circumstances.
  - God's faithfulness will fuel you to move forward.

## Lamentations 3:17 (KJV)

<sup>17</sup> And thou hast removed my soul far off from peace: I forgat prosperity.

- You grow in trust for God as a process.
- Focusing on the faithfulness of God brings peace.
- You can't have a big life without having big thoughts and a big purpose.
- If you want things to change, it starts in your mind.
- If you want a new level, you need a new thought.
- What giant are you wrestling with? Conquer the giant by remembering God's faithfulness.

#### Psalm 92:1 - 2

- Trust is resting of the mind.
- Focus on the faithfulness of God every day.
- Declare daily, "I trust God with everything."

<sup>&</sup>lt;sup>1</sup> It is a good thing to give thanks unto the LORD, and to sing praises unto thy name, O Most High:

<sup>&</sup>lt;sup>2</sup> To shew forth thy lovingkindness in the morning, and thy faithfulness every night.

### **Hebrews 11:11**

- <sup>11</sup> Through faith also Sara herself received strength to conceive seed, and was delivered of a child when she was past age, because she judged him faithful who had promised.
  - Sarah believed God was faithful even in impossibility.
  - Judge God as "faithful."

### **Psalm 37:3**

- <sup>3</sup> Trust in the LORD, and do good; so shalt thou dwell in the land, and verily thou shalt be fed.
  - Feed on God's faithfulness and you will be fed on contentment and satisfaction.

## **Discussion Questions:**

- 1. How do you learn to trust God?
- 2. What are the results of focusing and feeding on God's faithfulness?
- 3. Daily Declaration: "I trust God with everything."