

SERMON NOTES

HOW TO WIN SPIRITUAL BATTLES

March 26, 2017

“Learning how to overcome negativity helps you win spiritual battles.”

Ecclesiastes 10:10 (NIV)

¹⁰ If the ax is dull and its edge unsharpened, more strength is needed, but skill will bring success.

- Life's equation: Opportunity + Opposition = God's Will
- Live an overcoming, abundant life by sharpening your skills set.

Tools For Winning Spiritual Battles:

1. Learn to control your thought life.

- Be selective and intentional with your thought life.

Proverbs 4:23 (TEV)

²³ Carefully guard your thoughts because they are the source of true life.

2. Learn how to encourage yourself in the Lord.

- Look to the Lord and encourage yourself.

I Samuel 17:8 (KJV)

⁸ And he stood and cried unto the armies of Israel, and said unto them, why are ye come out to set your battle in array? Am not I a Philistine, and ye servants to Saul? Choose you a man for you, and let him come down to me.

3. Learn how to deal with negativity

- Respond in faith, not in fear or discouragement.
- Look at the solution and not the problem.
- What is in your heart determines your future.

4 Giants To Overcome In Your Life:

1. Overcome others and their negativity.

- Achieve your God-given dreams!

2. Overcome negativity from your father.

- Do not be held back by other people's negativity.

3. Overcome negativity of your mentors.

- Learn from others and turn to God.

4. Overcome negativity of your brothers and family.

How To Overcome Negativity:

1. Watch what you are listening to.
2. Watch what you are looking at.
3. Watch what you are saying.
 - Don't say it if you don't want it.

Proverbs 4:23 – 28 (NIV)

²³Above all else, guard your heart, for everything you do flows from it.

²⁴Keep your mouth free of perversity; keep corrupt talk far from your lips.

²⁵Let your eyes look straight ahead; fix your gaze directly before you.

²⁶Give careful thought to the [\[a\]](#) paths for your feet and be steadfast in all your ways.

²⁷Do not turn to the right or the left; keep your foot from evil.

Discussion Questions:

1. What are the four ways you can overcome the giants in your life?
2. What are the three ways to overcome negativity and win spiritual battles?

Resources:

If you would like to look at “**How to Win Spiritual Battles**” sermon series in more depth, Church On The Rock bookstore has excellent resources available.

