

# SERMON NOTES



April 8, 2018

## **7 Weapons of Self-Destruction:**

1. Shame, Guilt, Regret, Resentment, and Condemnation -
  - Faith won't work under shame, guilt, regret, resentment and condemnation.
2. Uncontrolled Thoughts -
  - Uncontrolled thoughts determine your life's direction.
3. Lust, Desires, and Habits that are not of God -
  - Overcome by replacing these with a Godly desire, dream, and habit.
4. Fear -
5. Bitterness -
  - Bitterness hurts you – not others.
6. Hopelessness -
7. Insecurity -
  - We all have defense mechanisms to hide our insecurities.

## **Luke 4:18 (KJV)**

*<sup>18</sup> The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised.*

- Break free from oppressors.
- God is for your freedom.

## **John 8:36 (KJV)**

*<sup>36</sup> If the Son therefore shall make you free, ye shall be free indeed.*

- Jesus is the real liberator.
- Jesus is for your freedom.
- Declare, "I am free!"

## **2 Corinthians 3:17 (KJV)**

<sup>17</sup> *Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.*

- Holy Spirit is for your freedom.

## **John 8:31 – 32 (KJV)**

<sup>31</sup> *Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed; <sup>32</sup> And ye shall know the truth, and the truth shall make you free.*

- Change starts with you.
- Focus on the process – what the word of God says.
- Follower of Christ is a disciplined learner.
- Receive freedom and salvation.
- Walk it out as a disciple.

## **5 Ways To Find Freedom:**

1. Come to God
2. Surrender to God
3. Yield to the Holy Spirit
4. Get full of God's Word
5. Know who you are in Christ.

## **Matthew 11:28-30 (MSG)**

<sup>28-30</sup> *"Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."*

- Recover your life – walk with God.
- Learn the unforced rhythms of Grace.
- Learn to live freely.

## **Discussion Questions:**

1. How can you find freedom and live free?