



April 22, 2018

What Is Fear?

- 1. Fear is a negative emotion that results in negative behavior.
 - The negative behavior will bring self-destruction.
- 2. Fear keeps you from stepping out in faith.
 - You must take a risk to go to the next level.
 - Every significant level and blessing takes a risk.
- 3. Fear is a magnet and attracts the worst.
 - Faith is God's magnet and attracts the best.
- 4. Fear brings no rest, no peace, and no joy.
 - God leads you and speaks to you through rest, peace, and joy.
- 5. Fear limits what God can do in your life.
 - When you live in fear, you will always make wrong choices and never make God's choices.

How To Keep Fear Out Of Your Life:

- 1. Tell fear to leave!
 - Learn to break free from all your fear and walk in faith.
- 2. Take authority over fear and kick it out of your life.

John 8:30 (KJV)

³⁰ As he spake these words, many believed on him.

Job 3:25 (KJV)

²⁵ For the thing which I greatly feared is come upon me, and that which I was afraid of is come unto me.

What Determines Your Level Of Faith?

- 1. What you are looking at
- 2. Who you listen to.
- 3. Who you are running with.

4. What you are saying.

What Fear Brings:

- 1. Discouragement
 - What we fear, we procrastinate.
- 2. Rebellion
 - People who are dominated by fear, are afraid of challenges.
- 3. Negativity
 - Fear starts with your thought life.
 - Capture a thought and take a thought with God's word.

How To Break Out Of Fear:

- 1. Declare "God Is For Me!"
- 2. Declare "God Loves Me!"
- 3. Declare God Has A Plan For Me!"

I John 4:16 – 18 (KJV)

¹⁶ And we have known and believed the love that God hath to us. <u>God is love; and he that dwelleth in love dwelleth in God, and God in him.</u>

Herein is our love made perfect, that we may have boldness in the day of judgment: because as he is, so are we in this world.

¹⁸ There is no fear in love; but <u>perfect love casteth out fear</u>: because fear hath torment. He that feareth is not made perfect in love.

Discussion Questions:

- 1. What is fear?
- 2. How do you break out of fear and walk in faith?
- 3. What determines your level of faith?