

# Pray First

## Week 6

### CATCHING UP

Share one thing that you have learned from the "Pray First" study and are applying to your daily prayer life.

### Focus Verse

And it came to pass, that, as he was praying in a certain place, when he ceased, one of his disciples said unto him, Lord, teach us to pray, as John also taught his disciples.

**Luke 11:1** KJV

### How to energize your prayer life:

- 1 Focusing on the \_\_\_\_\_ of God.
- 2 Focusing on God's \_\_\_\_\_.

### The Lord's Prayer

Focuses on the nature and attributes of God.

- <sup>9</sup> After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name.
- <sup>10</sup> Thy kingdom come, Thy will be done in earth, as it is in heaven.
- <sup>11</sup> Give us this day our daily bread.
- <sup>12</sup> And forgive us our debts, as we forgive our debtors.
- <sup>13</sup> And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, forever. Amen.

**Matthew 6:9-13** KJV

### Takeaways

When you pray and you personalize it, it's more powerful.

Focus on the attributes of the Father and you'll want to be with the Father.

Prayer gives God permission to work in your life.

### Scriptures to pray daily.

- 1 Pray **Psalm 5** in the **morning**.
- 2 Pray **Psalm 4** in the **evening**.

# Discovery Questions

① **What are ways that focusing on the nature and attributes of God energizes your prayer life?**

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② **Pastor shared that when you pray and personalize it, it's more powerful. How do you personalize your prayers to make them more powerful?**

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③ **Pastor shared that consistency builds and creates momentum. What is one way you are committed to being consistent in your prayer life?**

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## Diving Deeper

- **Study and memorize the Lord's Prayer.**
- **Journal how you are energizing your prayer life by focusing on the nature and attributes of God.**
- **Invite a friend to attend a Sunday service with you.**